

| NutriniDrink Multi Fibre       |                |                | samenstelling         |                     |
|--------------------------------|----------------|----------------|-----------------------|---------------------|
| Gemiddeld gehalte per 100 ml*: |                |                |                       |                     |
| <b>ENERGIE</b>                 | <b>640/153</b> | <b>kJ/kcal</b> | <b>SPOORELEMENTEN</b> |                     |
| <b>VETTEN (40 En%)</b>         | <b>6.8</b>     | <b>g</b>       | Fe                    | 1.5 mg              |
| verzadigd vet                  | 0.7            | g              | Zn                    | 1.5 mg              |
| enkelv. onverz. vet            | 4.1            | g              | Cu                    | 0.14 mg             |
| meerv. onverz. vet             | 2              | g              | Mn                    | 0.23 mg             |
| - linolzuur                    | 1.6            | g              | F                     | 0.11 mg             |
| - α-linoleenzuur               | 0.3            | g              | Mo                    | 6 µg                |
| AA                             | -              | mg             | Se                    | 4.5 µg              |
| DHA                            | -              | mg             | Cr                    | 5.3 µg              |
| EPA                            | -              | mg             | I                     | 15 µg               |
| <b>KOOLHYDRATEN (49 En%)</b>   | <b>18.8</b>    | <b>g</b>       | <b>VITAMINEN</b>      |                     |
| glucose                        | 0.2            | g              | A                     | 61 µg               |
| fructose                       | 0              | g              | carotenoïden          | 0.15 mg             |
| lactose                        | <0,025         | g              | D                     | 1.5 µg              |
| maltose                        | 4.2            | g              | E                     | 1.9 mg (α-TE)       |
| sacharose                      | 3              | g              | K                     | 6 µg                |
| polysachariden                 | 11.2           | g              | thiamine              | 0.23 mg             |
| overig                         | 0.3            | g              | riboflavine           | 0.24 mg             |
| <b>VEZELS (2 En%)</b>          | <b>1.5</b>     | <b>g</b>       | niacine               | 0.88 mg             |
|                                |                |                | niacine               | 1.65 mg NE          |
|                                |                |                | pantotheenzuur        | 0.5 mg              |
| <b>EIWITTEN (9 En%)</b>        | <b>3.3</b>     | <b>g</b>       | B6                    | 0.18 mg             |
| caseïne                        | 3.2            | g              | foliumzuur            | 23 µg               |
| wei-eiwit                      | -              | g              | B12                   | 0.26 µg             |
| soja-eiwit                     | 0.1            | g              | biotine               | 6 µg                |
| <b>ZOUT</b>                    | <b>0.17</b>    | <b>g</b>       | C                     | 15 mg               |
| <b>VOCHT</b>                   | <b>77</b>      | <b>ml</b>      | <b>OVERIGE</b>        |                     |
|                                |                |                | carnitine             | 3 mg                |
|                                |                |                | choline               | 30 mg               |
|                                |                |                | taurine               | 11 mg               |
| <b>MINERALEN</b>               |                |                | <b>OSMOLARITEIT</b>   | <b>440 mOsmol/l</b> |
| Na                             | 67             | mg             |                       |                     |
| K                              | 140            | mg             |                       |                     |
| Cl                             | 100            | mg             |                       |                     |
| Ca                             | 84             | mg             |                       |                     |
| P                              | 75             | mg             |                       |                     |
| Mg                             | 17             | mg             |                       |                     |
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|                                |                |                |                       | <b>022024</b>       |